

NURSERY Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk
MORNING SNACK	Banana Batons	Pear Compote with Greek Yoghurt	Soft Apple Slices	Oat & Banana Bites	Kiwi & Pineapple Wedges
LUNCH	Chicken Meatballs with Diced Peppers & Tomato Sauce	Shredded Pork & Carrot Casserole	Jacket Potato Bar	Beef Bolognese	Salmon & Crushed Pea Baked Fishcake
	Cheesy Stuffed Pepper	Slow Cooked Bean Casserole	Jacket Potato Bar	Plant based Bolognese	Chick Pea & Lentil Fritter
	Soft Diced Potatoes Steamed Carrots Spring Cabbage	Mashed Potato Diced Green Beans Garden Peas	Baked Beans Tuna Mayonnaise Grated Cheese	Wholemeal Penne Steamed Broccoli Soft Diced Carrots	French Fries Sweet Corn Peas
DESSERT	Chocolate Mousse	Granola Bar	Blueberry Muffins	Banana Bread	Carrot Cake
AFTERNOON SNACK	Rice Cakes with Cream Cheese	Cucumber Sticks & Hummus	Soft Pittas Strips & Avocado Dip	Full Fat Yoghurt & Peach Compote	Crackers & Cheese
TEA	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot

NURSERY Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk
MORNING SNACK	Banana Batons	Pear Compote with Greek Yoghurt	Soft Apple Slices	Oat & Banana Bites	Kiwi & Pineapple Wedges
LUNCH	Mild Beef Chilli	Sliced Pork Sausages	Pulled Chicken Wraps	Breaded Fish Goujons	Pasta Bar
	Mixed Bean Chilli	Vegan Sausages	Mixed Bean & Pepper Wraps	Sweet Corn Bites	Pasta Bar
	Steamed Rice Sweet Corn Nachos Sour Cream & Salsa	Yorkshire Pudding Fingers Mashed Potato Carrots & Parsnips Garden Peas	Herby Diced Potatoes Sliced Green Beans Roast Courgettes	Skinny Fries Peas Baked Beans	Marinara Mini Meatballs Mushroom Carbonara Garlic Bread Strips Soft Carrots
DESSERT	Chocolate Brownie	Berry Cheesecake	Date & Banana Bites	Apple & Cinnamon Crumble	Whole Fruit Jelly
AFTERNOON SNACK	Rice Cakes with Cream Cheese	Cucumber Sticks & Hummus	Soft Pittas Strips & Avocado Dip	Full Fat Yoghurt & Peach Compote	Crackers & Cheese
TEA	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot

NURSERY Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk	Selection of Sugar Free Cereals & Whole Milk
MORNING SNACK	Banana Batons	Pear Compote with Greek Yoghurt	Soft Apple Slices	Oat & Banana Bites	Kiwi & Pineapple Wedges
LUNCH	Shredded Garlic & Ginger Chicken	Pepperoni Pizza Fingers	Stamford Roast of the Day	Mild Pulled Chicken Curry	Build your own Lasagne
	Crispy Teriyaki Tofu	Cheese & Tomato Pizza Fingers	Vegetable & Cheese Wellington	Mild Vegetable Curry	Build your own Vegetarian Lasagne
	Soft Noodles Stir Fried Vegetables Prawn Crackers	Chunky Chips Baked Beans Peas	Mini Roast Potatoes Roast Roots Yorkshire Pudding Strips	Soft Rice Naan Bread Strips Steamed Cauliflower	Garlic Bread Strips Sliced Green Beans Diced Carrots
DESSERT	Granola Bar	Chocolate Mousse	Lemon Loaf	Blueberry Muffins	Pear & Oat Crumble
AFTERNOON SNACK	Rice Cakes with Cream Cheese	Cucumber Sticks & Hummus	Soft Pittas Strips & Avocado Dip	Full Fat Yoghurt & Peach Compote	Crackers & Cheese
TEA	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot	Selection of Wholemeal Sandwiches, Cooked Vegetable Batons, Melon Fingers & Fruit & Yoghurt Pot

JUNIOR

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Meatballs with Diced Peppers & Tomato Sauce	Pork & Carrot Casserole	All Day Breakfast	Beef Bolognese	Salmon & Crushed Pea Baked Fishcake
MEAT FREE	Cheesy Stuffed Pepper	Slow Cooked Bean Casserole	Vegetarian Breakfast	Plant based Bolognese	Chick Pea & Lentil Fritter
ON THE SIDE	Crispy Diced Potatoes Steamed Carrots Spring Cabbage	Mashed Potato Green Beans Garden Peas	Scrambled Eggs Hash Brown Baked Beans Grilled Tomatoes Herby Mushrooms	Wholemeal Penne Steamed Broccoli Roast Carrots	French Fries Sweet Corn Baked Beans
OTHER OPTIONS	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Chocolate Mousse	Granola Bar	Blueberry Muffins	Banana Bread	Carrot Cake

JUNIOR

Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Chilli Con Carne	Classic Toad in the Hole	Chicken & Black Bean Fajitas	Fish Goujons	Pasta Bar
MEAT FREE	Mixed Bean & Lentil Chilli	Vegan Toad in the Hole	Mixed Bean & Red Pepper Fajitas	Sweet Corn Fritters	Mushroom & Thyme Gnocchi
ON THE SIDE	Steamed Rice Sweet Corn Nachos Sour Cream & Salsa	Herby Mash Roast Carrots & Parsnips Peas Gravy	Herby Potato Wedges Roast Courgettes Garlic Green Beans	Skinny Fries Peas Baked Beans Ketchup & Tartare Sauce	Pomodoro Meatball Marinara Cheese and Chive Garlic Bread Crispy Onions
OTHER OPTIONS	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Chocolate Brownie	Berry Cheesecake	Oat & Honey Cookies	Apple & Cinnamon Crumble	Whole Fruit Jelly

JUNIOR Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Garlic & Ginger Chicken	Focaccia Pizza Slice	Stamford Roast Day	Mild Chicken Curry	Beef Lasagne
MEAT FREE	Crispy Teriyaki Tofu	Vegan Pizza Slice	Vegetable & Cheese Wellington	Vegetarian Curry	Red Pepper Lasagne
ON THE SIDE	Herby Noodles Stir fried Vegetables Prawn Crackers Sweet Chilli Sauce	Chunky Chips Baked Beans Peas Herby Slaw	Roast Potatoes Roast Roots Yorkshire Puddings Savoy Cabbage	Steamed Rice Naan Strips Turmeric Cauliflower	Garlic Bread Green Beans Carrots
OTHER OPTIONS	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Oaty Flapjack	Blueberry Crumble Bar	Lemon Loaf	Sticky Toffee Pudding	Shortbread