



STAMFORD

JUNIOR SCHOOL WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					
MAIN	Beef Bolognese	Stamford Roast of the Day	Chinese Stir Fried Chicken	Breaded Fish Goujons	Classic Toad in the Hole
MEAT FREE	Quorn Bolognese	Vegetable & Cheese Wellington	Chinese Sir Fried Tofu	Sweet Corn Fritters	Classic Vegan Toad in the Hole
ON THE SIDE	Penne Pasta Garlic Bread Baked carrots	Roast Potatoes Roast Roots Buttered Peas Gravy	Chow Mein Noodles Stir Fried Vegetables Prawn Crackers	Skinny Fries Garden Peas Mushy Peas Baked Beans	Mash Potato Green Beans Broccoli Onion Gravy
OTHER OPTIONS	Baked Potatoes & Toppings Vegetable Fried Rice	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Chocolate Brownie	Fruity Flapjack	Banana Bread	Treacle Sponge & Custard	Yoghurt & Fruit Bar





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JUNIOR SCHOOL WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					
MAIN	Mild Chicken Korma	Loaded Pizza Slice	Classic Beef Lasagne	Mexican Chicken Tacos	Chicken Kiev
MEAT FREE	Chick Pea & Spinach Saag Aloo	Vegan Pizza Slice	Roast Vegetable Lasagne	Halloumi & Red Pepper Tacos	Vegan Loaded Jackets
ON THE SIDE	Basmati Rice Spiced Greens Naan Bread Mango Chutney & Mint Yoghurt	Skinny Fries BBQ Beans Sweet Corn	Garlic Bread Green Beans Carrots	Salsa, Guacamole & Sour Cream Sweet Potato Wedges Spiced Mixed Vegetables	Herby New Potatoes Roast Vegetables Buttered Peas Spring Cabbage
OTHER OPTIONS	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Blueberry Oat Muffins	Chocolate Mousse	Banana Granola Bar	Chocolate Chip Cookies	Mixed Berry Cheesecake





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JUNIOR SCHOOL WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					
MAIN	Hunters Chicken	Mediterranean Beef Koftas	Texan BBQ Pulled Pork	Chicken Fajitas	Beef Sliders Loaded Hot Dogs
MEAT FREE	Cheesy Stuffed Peppers	Spiced Halloumi & Vegetable Kebabs	Mixed Bean Burgers	Mixed Bean Fajitas	Loaded Veggie Dogs
ON THE SIDE	Crispy Diced Potatoes Carrots Broccoli	Herby Rice Ratatouille Garlic Green Beans Tzatziki	Baked Sweet Potato Cowboy Beans Sautéed Cabbage	Mexican Red Rice Peppers & Onions Sweet Corn Sour Cream	Skinny Fries Buttered Peas Baked Beans Slow Cooked Onions
OTHER OPTIONS	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce	Jacket Potato, Beans Pasta, Sauce
DESSERT	Sprinkle Sponge Cake	Apple & Cinnamon Crumble	Whole Fruit Jelly	Pineapple Upside Down Cake	Vanilla shortbread

