

Sixth Form Menu Week 1 Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Bacon and cheese turnovers Sausage and Egg Muffins Hash Browns	Streaky bacon, toasted muffins, poached eggs and mushrooms Smoothies	Waffles with crispy bacon and maple syrup and fried eggs Overnight Oat Pots	Grilled sausages, baked beans and hash browns and fried eggs Boost it Breakfast Muffins	Selection of Pastries Scrambled Egg, Grilled Tomatoes & Bacon Smoothie of the day	Pain Au Chocolate Pancakes with Berries & Yoghurt French Toast & Sausage	
PORRIDGE & CEREAL STATION, TOAST & SPREADS, YOGHURTS, WHOLE AND CUT FRUIT							
STAMFORD CLASSIC	Chicken and Chickpea Jalfrezi	Sausage and Mash	Beef Chow Mein	Spaghetti Carbonara	Stamford Friday Fakeaway!!! Fish 'n' Chips Chicken Kiev	Chilli Beef Burritos	
STAMFORD VEGETARIAN/ PLANT BASED	Cauliflower and Chick Pea Bhuna	Vegetarian Sausage & Mash	Broccoli & Crispy Tofu Stir Fry	Vegan Meatball Marinara	Spicy Bhaji Burger	Spiced Chick Pea & Hummus Wraps	
SIDES	Turmeric Rice Naan Bread Wok Fried Greens	Roast Carrots & Parsnips Peas Onion Gravy	Egg Noodles Mushroom Stir Fry Prawn Crackers	Homemade Focaccia Garlic Green Beans Roast Squash	Skinny Fries Buttered Peas Baked Beans	Mini Baked Potatoes Charred Corn Salsa, Guac & Sour Cream	
JACKET OR PASTA	Freshly baked jackets and pasta with homemade sauce						
SOUP, SALAD & SANDWICHES	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	
HOT & COLD DESSERT	Dessert Pots Apple and blackberry oat crumble & custard	Dessert Pots Chocolate Banana Loaf Cake	Dessert Pots Sticky Lemon Cake	Dessert Pots Multi Seed Caramel Cookies	Dessert Pots Melting Moments	Dessert Pots Chocolate & Berry Mousse	

Sixth Form Menu Week 2 Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Bacon and cheese turnovers Sausage and Egg Muffins Hash Browns	Streaky bacon, toasted muffins, poached eggs and mushrooms Smoothies	Waffles with crispy bacon and maple syrup and fried eggs Overnight Oat Pots	Grilled sausages, baked beans and hash browns and fried eggs Boost it Breakfast Muffins	Selection of Pastries Scrambled Egg, Grilled Tomatoes & Bacon Smoothie of the day	Pain Au Chocolate Pancakes with Berries & Yoghurt French Toast & Sausage	
PORRIDGE & CEREAL STATION, TOAST & SPREADS, YOGHURTS, WHOLE AND CUT FRUIT							
STAMFORD CLASSIC	Slow Cooked Beef Chilli con Carne	Chicken Cacciatore	Honey and Orange Roast Gammon	Beef Lasagne	Stamford Fakeaway!! Fish 'n' Chips Loaded Hot Dogs	Chimmichurri Chicken Pittas	
STAMFORD VEGETARIAN/ PLANT BASED	Mushroom & Mixed Bean Chilli	Loaded Stuffed Peppers	Mushroom & Spinach Wellington	Roast Pepper & Spinach Lasagne	Plant Based Loaded Dogs	Greek Salad Topped Pittas	
SIDES	Mexican red rice Texan style sweetcorn Peppers and onions	Morrocan Cous Cous Toasted Pittas Lemon Roast Broccoli	Roast root vegetables Kale Skin-On Potatoes	Garlic Bread Pesto Courgettes Spring Greens	Skinny fries Buttered peas Baked Beans	Herby Diced Potatoes Caesar Salad Green Beans	
JACKET OR PASTA	Freshly baked jackets and pasta with homemade sauce						
SOUP, SALAD & SANDWICHES	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	
HOT & COLD DESSERT	Dessert pots Spiced Toffee Apple Cake	Dessert pots Chocolate sponge with chocolate sauce	Dessert pots Cranberry & White Chocolate Flapjack	Dessert pots Salted Caramel Oat Cookies	Dessert pots Lemon Drizzle Cake	Dessert pots Strawberry Shortcake	

Sixth Form Menu Week 3 Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Bacon and cheese turnovers Sausage and Egg Muffins Hash Browns	Streaky bacon, toasted muffins, poached eggs and mushrooms Smoothies	Waffles with crispy bacon and maple syrup and fried eggs Overnight Oat Pots	Grilled sausages, baked beans and hash browns and fried eggs Boost it Breakfast Muffins	Selection of Pastries Scrambled Egg, Grilled Tomatoes & Bacon Smoothie of the day	Pain Au Chocolate Pancakes with Berries & Yoghurt French Toast & Sausage	
PORRIDGE & CEREAL STATION, TOAST & SPREADS, YOGHURTS, WHOLE AND CUT FRUIT							
STAMFORD CLASSIC	Crispy Chilli Pork	Chicken and Red Pepper Tagine with Coriander Salsa	Arabiatta Meatballs	Butter Chicken	Stamford Fakeaway!! Fish 'n' Chips Loaded Pizza Slices	A selection of toasties	
STAMFORD VEGETARIAN/ PLANT BASED	General Tso's Crispy Cauliflower	Chargrilled Aubergine and Tuscan Bean Cassoulet	Broccoli, Lemon & Feta Pasta Bake	Chick Pea & Spinach Dahl	Vegetarian Pizza Slices	Cheese & Tomato Toasties	
SIDES	Sweet Chili Noodles Stir Fried Vegetables Prawn Crackers	Persian Style Cous Cous Spiced Carrots Lemon Roast Broccoli	Herby Pasta Roasted Med Veg Onion Focaccia	Coriander Rice Chapatis Turmeric Spiced Greens	Skinny Fries Mushy Peas Garden Peas	Homemade Spicy Wedges Caesar Salad Basil Pesto Salad	
JACKET OR PASTA	Freshly baked jackets and pasta with homemade sauce						
SOUP, SALAD & SANDWICHES	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	A selection of freshly made sandwiches, salads & soup	
HOT & COLD DESSERT	Dessert Pots Marble Cake & Chocolate Sauce	Dessert pots Tangy Lemon Bars	Dessert pots Chocolate chip cookies	Dessert pots Treacle Tart & Cream	Dessert pots Summer Berry Cheesecake	Dessert pots Stamford Mess	

Sixth Form Menu Week 1 Dinner

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SUPPER MAIN CHOICE ONE	Beef Meatballs	Chicken Caesar Salad	Pulled Pork Sub Rolls	Pepperoni Focaccia Pizza	Teriyaki Beef	Chicken Shawarma	Classic Roast Pork & Yorkshire Pudding
VEGETARIAN CHOICE	Sweet Potato Chick Pea Balls	Olive & Halloumi Caesar	Pulled Aubergine & Black Bean Sub Rolls	Loaded Vegetable Focaccia Pizza	Sweet Sticky Broccoli & Mushroom Stir Fry	Five Spice Cauliflower & Mint Yoghurt Kebab	Caramelised Onion & Brie Tart
SIDES	Penne Pasta Pesto Green Beans Garlic Bread	Toasted Flatbread Roast Courgettes Baked Squash	Sweet Potato Wedges Spicy Beans Charred Corn	Harissa Spiced New Potatoes Roast Broccoli Garlic Hummus	Egg Fried Rice Pak Choi & Chinese Leaf Spring Rolls	Chilli Sauce Salt & Pepper Chips Green Beans	Roast Potatoes Roast Carrots Cauliflower Cheese Onion Gravy
SALAD	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings
SOUP AND PASTA	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce
DESSERT	Lemon & Poppy Seed Muffins	Summer Berry Pavlova Pots	Boost It Flapjack	Chocolate Orange Brownie	Banoffee Pie	Pineapple Upside Down Cake & Cream	Lemon Posset & Shortbread



Sixth Form Menu Week 2 Dinner



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SUPPER MAIN CHOICE ONE	Build Your Own Ramen	Philli Cheesesteak Baguette	Mac and Cheese Bar	Thai Chicken Curry	Loaded Smash Burgers	Jerk Pork Kebabs	Roast Chicken with Stuffing
VEGETARIAN CHOICE	Build Your Own Ramen	Roast Pepper Falafel & Hummus	Mac & Cheese Bar	Tofu Thai Green Curry	Flat Cap Mushroom Burgers	Jerk Spiced Vegetable Kebabs	Sweet Potato & Mushroom Wellington
SIDES	Egg noodles Rainbow stir fried vegetables with beansprouts	French fries Roasted vegetables Spicy Beans	Thyme focaccia Garlic green beans Roasted cauliflower	Fragrant Rice Prawn Crackers Sautéed Broccoli	Baked Sweet Potato Corn on the Cob Asian Slaw	Jamaican Rice Spring Greens Spicy Cabbage	Roast Potatoes Roast Carrots Cauliflower Cheese Onion Gravy
SALAD	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings
SOUP AND PASTA	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce
DESSERT	Chocolate & Cherry Muffins	Salted Caramel Sponge	Blueberry & Granola Fool	Chocolate Dipped Shortbread	Ice Cream Milkshakes	Jamaican Ginger Cake	Apple & Rhubarb Pie & Custard



Sixth Form Menu Week 3 Dinner

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SUPPER MAIN CHOICE ONE	Beef Enchiladas	Loaded Hot Dogs	Fish Tacos	Beef & Aubergine Mousakka	Nando's Style Chicken	Pork Noodle Pad Thai	Chicken and Chorizo Jambalaya
VEGETARIAN CHOICE	Caramelised Onion Quesadillas	Vegan Hot Dogs	Crispy Fried Bean Tacos	Aubergine Parmigiana	Lemon & Herb Sweet Potato	Super Veggie Noodle Bowls	Roasted Vegetable Paella
SIDES	Patatas Bravas Garlic Greens Tomato Salsa	French fries Cowboy Beans Corn	Guacamole Sweet Potato Green Beans	Toasted Flatbread Greek Salad Kale	Vegetable Rice Roast Courgettes & Peppers	Prawn Crackers Crispy Noodles Shredded Vegetables	Crusty Bread Ratatouille Crispy Kale
SALAD	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings	A selection of salads & dressings
SOUP AND PASTA	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce	Soup of the day with freshly baked bread Pasta and sauce
DESSERT	Blackberry Crumble Bar	White Chocolate Blondie	Caramel & Rhubarb Cake	Tiramisu Pots	Ice Cream Cookie Sandwiches	Rocky Road	Banana Muffins